



# BRAIN Plus

## Action:

Supports the brain in clearer thinking and reasoning. Boosts mental alertness and energy.

## Support indications may include:

Mental deficiency, depression, dizziness, drug addiction, epilepsy, migraine, multiple sclerosis, nervousness, nightmares, paralysis, Parkinson's disease, senility, and sneezing attack.

## Dosage:

2 to 3 capsules as needed, or as directed.

## SUPPLEMENT FACTS

Serving size: Two capsules (528 mg. capsule)

Proprietary blend: Gotu Kola, Scute root, Guarana extract, Natural Caffeine, Blue Vervain, Rosemary leaf, Black Cohosh root, Eleuthero, Cayenne (40,000 hu/gm), Bee Pollen, Alfalfa, and Ginkgo Biloba extract.

Contains: EDS® (Amylase, Protease, Lipase, Glucomylase, invertase, and Malt diastase). AdPT®: Eleuthero, Reishi (Ganoderma Mushroom), Jiaogulan, Cordyceps & Rhodiola Rosea.

Other ingredients: Gelatin capsule

(Contains no known allergens, preservatives, glutens, or lactose.)

## Details:

Mental Clarity Extra encourages a balanced mind, stimulating your utmost concentration and ability to think and reason, with an added kick for mental energizing. In each capsule there is a proprietary blend of several key ingredients including Paullinin Cupuna, Gotu Kola Leaf, Scullcap Root, Ginkgo Extract, Blue Vervain, Rosemary Leaf, Black Cohosh, Siberian Ginseng, Alfalfa, and Bee Pollen. Mental Clarity Extra supports an alert mind by stimulating blood flow and promoting the reinstating and retention of memory.

Paullinin Cupuna is a plant from Brazil which contains natural caffeine and is known as a mental and physical energizer that gives this formula an extra boost for mind power.

## Distributed by:

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Gotu Kola Leaf is an herb that has been used for many years in India, China and Indonesia. It is used to encourage a feeling of tranquility and overcome stress and anxiety. Research on this herb indicates that it is useful in treating a wide variety of symptoms and diseases, including scleroderma, rheumatoid arthritis, depression and high blood pressure. It has also been used to increase and restore memory and keep the mind alert. It is considered a longevity herb, keeping the body strong and healthy.

*Scullcap Root*, considered to be a nerve tonic, is commonly used in nervous exhaustion. It is soothing to the nervous system and also acts to kick start degenerated nerve rejuvenation. It encourages the body to stay balanced during times of acute or chronic illness.

*Ginkgo Extract* specifically supports mood changes and memory loss. Because of its vasodilatation effect it supports an increase in peripheral circulation to different areas of the body, including the brain. A study published by the University of Maryland Medical Center states that Ginkgo may be very effective in treating ailments associated with decreased blood flow to the brain, mostly in elderly individuals. Further studies support that Ginkgo Extract is effective in treating memory loss and circulatory disorders.

*Blue Vervain* is considered an anti-spasmodic and is used for cerebral anemia.

*Rosemary Leaf* is supported by long-standing folk tradition stating that it increases memory and mental alertness. Scientific research has found it to be effective in treating Alzheimer's disease as well. Rosemary contains phytochemicals that prevent the breakdown of acetylcholine, which is a chemical that allows the neurons of the brain to interact with each other; this may improve memory.

*Alfalfa*, which is high in minerals, contains chlorophyll and vitamins which are needed in fatigue and stress situations.

*Bee Pollen* is included because of its reputation as an energy booster and its ability to promote clear thinking.

Statements have not been evaluated by the FDA and are not intended to diagnose, treat or prevent any disease.



## References

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