CIRC Plus

Dr. Sierra's

Action:

Supports the body in achieving and maintaining healthy circulation, particularly to the brain and extremities.

Support indications may include:

Angina, blood clots, chest pains, cold extremities, hardening of arteries, hemorrhoids, decreased libido, erectile dysfunction, memory loss, mental deficiency, Parkinson's disease, phlebitis, senility, and varicose veins.

Dosage:

SUPPLEMENT FACTS

Serving size: Two capsules (463 mg. capsule)

Proprietary blend: Stone root, Ox bile, Ginkgo Biloba.

Contains: EDS® (Amylase, Protease, Lipase, Glucomylase, Invertase & Malt <u>Diastase). AdPT®: Eleuthero, Reishi, Jiaogulan, Cordyceps & Rhodiola Rosea.</u> Other ingredients: Gelatin capsule and Stearic acid. (Contains no known allergens, preservatives, glutens, or lactose.)

1 to 2 capsules three times a day, or as directed. **Details:**

Healthy blood circulation, especially in the brain and extremities, is an important function for maintaining good health. In this unique formula, each capsule contains a synergistic blend of stone root, ox bile, and ginkgo biloba, that helps stimulate circulation and promote better body functionality.

Several studies concerning ginkgo biloba have stated that it improves blood circulation by reducing the sticky quality of blood platelets and dilating blood vessels.

Ginkgo has been used in traditional medicine to treat circulatory disorders and enhance memory. Emerging evidence suggests that it may be particularly effective in

Distributed by: Health Magnetic Store & More www.healthmagneticstore.com San Juan, PR 00920 787.782.5767 order@healthmagneticstore.com treating ailments associated with decreased blood flow to the brain. It also contains two types of chemicals (flavonoids and terpenoids) believed to have potent antioxidant properties.

Stone root has been used to reduce back pressure in the veins, which in turn helps prevent the formation or worsening of hemorrhoids and varicose veins. It has been used as a stimulating remedy for ailments of the heart and kidneys, as well as for general listlessness. It has a special influence on the nervous system and mucous membranes, removing congestion and improving circulation of the capillaries.

Ox bile has been used for reducing and breaking up plaque in the circulatory systems, which ultimately promotes healthy circulation. Studies have shown that ox bile can influence (and possibly reverse) defects in nerve blood flow, motor nerve conduction velocity, and nerve sensory thresholds. It crosses the blood-brain barrier and has been implicated in a wide array of physiological phenomena including inhibitory neurotransmission.

Statements have not been evaluated by the FDA and are not intended to diagnose, treat or prevent any disease.



References

- (2007, January 26). Ginkgo Biloba. Retrieved October 15, 2008, from University of Maryland Medical Center Web site: http://www.umm.edu/altmed/articles/ginkgo-biloba-000247.htm
- Adams LL, Gatchel RJ, Gentry C. Complementary and alternative medicine: applications and implications for cognitive functioning in elderly populations. AlternTher Health Med. 2001;7(2):52-61.
- Aruna D, Naidu MU.Pharmacodynamic interaction studies of Ginkgo biloba with cilostazol and clopidogrel in healthy human subjects. Br J Clin Pharmacol . 2006 Sep 29; [Epub ahead of print].
- Ashton, A. K., Ahrens, K., Gupta, S., and Masand, P. S. Antidepressant-induced sexual dysfunction and Ginkgo Biloba. Am J Psychiatry. 2000;157(5):836-837.
- Barrett B, Kiefer D, Rabago D. Assessing the risks and benefits of herbal medicine: an overview of scientific evidence. Altern Ther Health Med . 1999;5(4):40-49.
- Barth SA, Inselmann G, Engemann R, Heidemann HT. Influences of Ginkgo biloba on cyclosporin A induced lipid peroxidation in human liver microsomes in comparison to vitamin E, glutathione and N-Acetylcysteine. Biochem Pharmacol . 1991;41(10):1521-1526.
- Benjamin J, Muir T, Briggs K, Pentland B. A case of cerebral haemorrhage-can Ginkgo biloba be implicated? Postgrad Med J . 2001;77(904):112-113.
- Birks, J., Grimley, E. V., and Van Dongen, M. Ginkgo biloba for cognitive impairment and dementia. Cochrane Database.Syst Rev. 2003;(4):CD003120.
- Blumenthal M, Busse WR, Goldberg A, et al., ed. The Complete German Commission E Monographs: Therapeutic Guide to Herbal Medicines . Boston, Mass: Integrative Medicine Communications; 1998.
- Bridi, R., Crossetti, F. P., Steffen, V. M., and Henriques, A. T. The antioxidant activity of standardized extract of Ginkgo biloba (EGb 761) in rats. Phytother Res 2001;15(5):449-451.
- Brinker F. Herb Contraindications and Drug Interactions . 2nd ed. Sandy, Ore: Eclectic Medical; 1998:76-77.
- Cheuvront, S. N. and Carter, R., III. Ginkgo and memory. JAMA. 2-5-2003;289(5):547-548.
- Christen Y. Oxidative stress and Alzheimer's disease. Am J Clin Nutr . 2000;71(suppl):621S-629S.
- Cieza, A., Maier, P., and Poppel, E. Effects of Ginkgo biloba on mental functioning in healthy volunteers. Arch Med Res. 2003;34(5):373-381.
- Clostre F. Ginkgo biloba extract (EGb 761). State of knowledge in the dawn of the year 2000. Ann Pharm Fr . 1999;57(Suppl 1):1S8-88.
- Cupp MJ. Herbal remedies: adverse effects and drug interactions. Am Fam Physician . 1999;59(5):1239–1244.
- Petersen, J. Fred, MD. (1905). Materia Medica and Clinical Therapeutics. Scanned and republished on Web