



LIG&DISC Plus

Action:

Lig&Disc+ (Plus) is designed to support the repair and integrity of connective tissue in the body. This is extremely helpful when aging or injury has compromised the structure of discs, ligaments, or other joint tissue.

Dosage:

One tablet three times a day, or as directed.

SUPPLEMENT FACTS

Serving size: 2 capsules (823 mg. capsule)

Amount Per Serving	%DV
Vitamin C.....200 mg.	166%
Magnesium (salicylate).....200 mg.	50%
Magnesium (chelate).....52 mg.	13%
Manganese (citrate).....34 mg.	840%
Zinc (sulfate).....10 mg.	11%

Proprietary blend: Bromelain, Chondroitin Sulfate, and Chymotrypsin (Pancreatin).

Contains: EDS® (Amylase, Protease, Lipase & Cellulase). AdPT®: Eleuthero, Reishi (Ganoderma Mushroom), Jiaogulan, Cordyceps & Rhodiola Rosea.

Other Ingredients: Gelatin capsule.

Details:

Current estimates are that over 10 million Americans are being treated for back ailments annually with several million more added each year. Backaches may surpass the common cold as the most frequent ailment in this country.

50,000 operations performed each year to correct slipped discs are ineffective and do not relieve pain in over 40% of the cases. Common causes vary but include trauma, poor posture, obesity, loss of elasticity in muscles and ligaments, fallen arches, disease, accidents, and lifting improperly.

Therapeutic measures should relieve pain, relax the muscles, improve muscle and ligament tone and elasticity, reduce nerve and tissue irritability, improve circulation, and relieve nervous tension associated with back syndrome.

Distributed by:
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Lig & Disc Plus primary ingredients include:

Magnesium Salicylate is a fast-acting analgesic (pain reliever) that promotes relaxation of traumatized tissue and nervous tension.

Calcium Chelate is a citrus juice complex of calcium providing a highly bioavailable amount of calcium which is essential for improving the tone and elasticity of muscles and ligaments. Calcium promotes synapsis or nerve transmission throughout the body.

Magnesium Chelate is a known natural tranquilizer, which enhances manganese utilization and is essential in muscle and connective tissue integrity.

Bromelain aids in the utilization of the calcium and other ingredients and promotes repair of the traumatized tissue.

Vitamin C is essential to assure the completion of necessary chemical reactions in the body. It is essential to synthesis of collagen (connective tissue) and to promote repair of damaged muscle and cartilage.

Manganese Chelate is necessary for the skeletal enzyme system of the body. Manganese is often related to tissue integrity and collagen type insufficiency problems resulting in disc, ligament and/or tendon weakness or injury. Dr. George Goodheart, well-known author of "Kinesiology" has published his findings that states, "when manganese is used in conjunction with Chiropractic treatment, improvement and recovery rate is more than doubled".

Chondroitin is a proteoglycan and is a key component of mucopolysaccharides as it provides the lubrication quality to connective tissues.

Zinc is included because of its intrinsic ability to promote healing of damaged tissues.

Chymotrypsin aids repair of traumatized tissue including collagen, muscles, and ligaments and reduces inflammation and edema in the tissues.

Statements have not been evaluated by the FDA and are not intended to diagnose, treat or prevent any disease



