



# RELAX-S

## Action:

Supports the body with symptoms of backache, back sprain, muscle spasm or injury, tension, stress, and menstrual cramps or PMS symptoms. It features a known natural muscle relaxant to relieve spasms, a natural tranquilizer to relieve tension, a natural relaxant to relieve stress, and a natural analgesic to temporarily relieve pain.

## Dosage:

One to two capsules every four hours, not to exceed 12 capsules in 24 hours.

## SUPPLEMENT FACTS

Serving size: 2 capsules (737 mg. capsule)

	Amount per serving	%DV
Magnesium(Salicylate).....	200 mg.	50%
Magnesium (Oxide).....	218 mg.	55%

Proprietary blend: Valerian root extract, Passion flower extract, and White Willow bark concentrate.

Contains: EDS® (Amylase, Protease, Lipase & Cellulase). AdPT®: Eleuthero, Reishi, Ji-aogulan, Cordyceps & Rhodiola Rosea.

Other ingredients: Cellulose, Stearic acid, and Magnesium stearate.

Passion flower is used widely as a calnative, anti-spasmodic and sedative and works by increasing levels of a chemical called gamma-amino butyric acid (GABA) in the brain. GABA lowers the activity of some brain cells, resulting in relaxation.

White willow bark concentrate supports the body in naturally relieving pain. The bark of white willow contains salicin, a chemical similar to aspirin (acetylsalicylic acid). It is responsible for the pain-relieving and anti-inflammatory effects of Relax-S.

Magnesium is a mineral known for relief of muscle spasm and cramps. It is needed for more than 300 biochemical reactions in the body. It helps maintain normal muscle and nerve function, keeps heart rhythm steady, supports a healthy immune system, and keeps bones strong. Magnesium also helps regulate blood sugar levels, promotes normal blood pressure, and is known to be involved in energy metabolism and protein synthesis.

Statements have not been evaluated by the FDA and are not intended to diagnose, treat or prevent any disease.

## Details:

Muscle aches and pains are no match for Relax-S our powerful formulation specifically designed to support overall muscle relaxation in the body. Relax-S features a blend of herbs and other nutrients that work synergistically to promote muscle relaxation, such as known muscle relaxants for spasms and stress, a natural tranquilizer for tension, and a natural analgesic for pain.

Valerian root is considered a nerve sedative and a muscle relaxant. Its ability to help relax the central nervous system, promote feelings of calm, decrease levels of anxiety and stress, and enhance sleep are known to millions the world over.

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