



# TRAUMA-Less

## Action:

This is an anti-inflammation support formula designed for acute inflammation.

## Dosage:

One to two tablets a day, or as directed.

## SUPPLEMENT FACTS

Serving size: 2 tablets (1228 mg. tablet)

	Amount per serving	%DV
Vitamin C .....	200 mg.	332%

Proprietary blend: Tumeric, Citrus Bioflavonoids, and Ginger root extract.

Contains: EDS® (Amylase, Protease, Lipase & Cellulase). AdPT®: Eleuthero, Reishi (Ganoderma Mushroom), Jiaogulan, Cordyceps & Rhodiola Rosea.

Other ingredients: Cellulose, Stearic acid, and Magnesium stearate.

## Details:

A synergistic blend of ingredients, Trauma-Less has been used in the clinical setting to control inflammation due to physical injury or exertion. Found in our relieving formula is an ultimate blend of the herbs Turmeric, Citrus Bioflavonoids, Ginger Extract, and Vitamin C which all work together to encourage relief from recent injury and inflammation.

Turmeric is an herb that has been studied and found to ease acute pain caused by a number of mechanisms because of the volatile oil it contains. The effectiveness of this herb is equal to that of steroid preparations such as hydrocortisone and phenyl butazone. Indian researchers discovered that tumeric relieved joint pain and swelling in people with arthritis as effectively as prescription non-steroidal anti-inflammatory drugs (NSAIDs), without side effects such as abdominal bleeding or stomach upset.

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Turmeric contains curcumin and curcuminoids– powerful anti-inflammatory phytochemicals that act as natural cyclooxygenase-2 (COX-2) inhibitors in the body. They inhibit the production of prostaglandins which cause inflammation and swelling.

Citrus Bioflavonoids are used naturally to enhance the absorption of Vitamin C in the body which is why they are both found in our formulation. Both ingredients are widely used for injuries because of their effectiveness against pain, bumps, and bruises.

Vitamin C works as a cofactor for tissue growth and repair. This vitamin protects the body against blood clotting and bruising, promotes wound healing, and produces anti-stress hormones. Citrus Bioflavonoids have an antibacterial effect and when paired with Ginger Extract promote better circulation throughout the body, which stimulates healing.

Ginger Extract is used for its innate ability to reduce spasms and cramps and has been used in Asian medicine as a treatment for such ailments as stomachaches and nausea, as well as for rheumatoid arthritis, osteoarthritis, and joint and muscle pain.

Statements have not been evaluated by the FDA and are not intended to diagnose, treat or prevent any disease.



## References

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